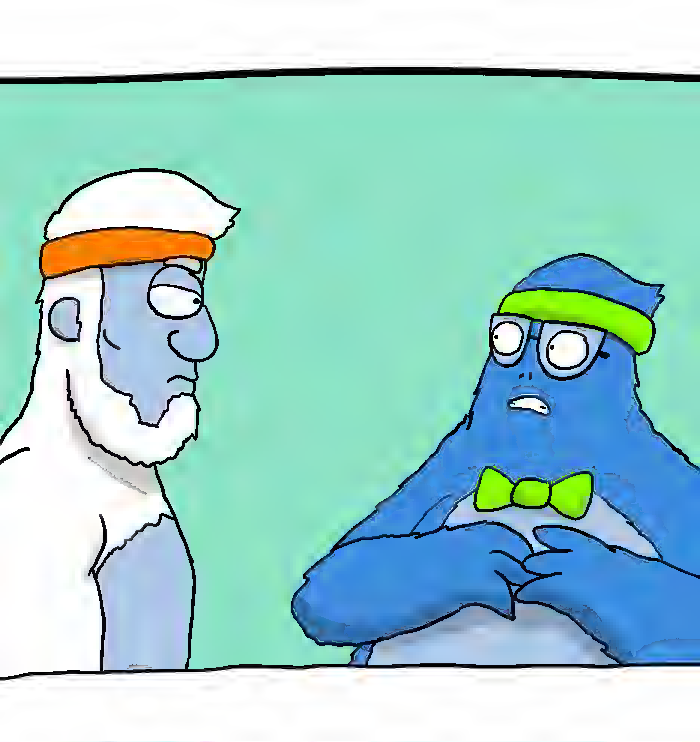
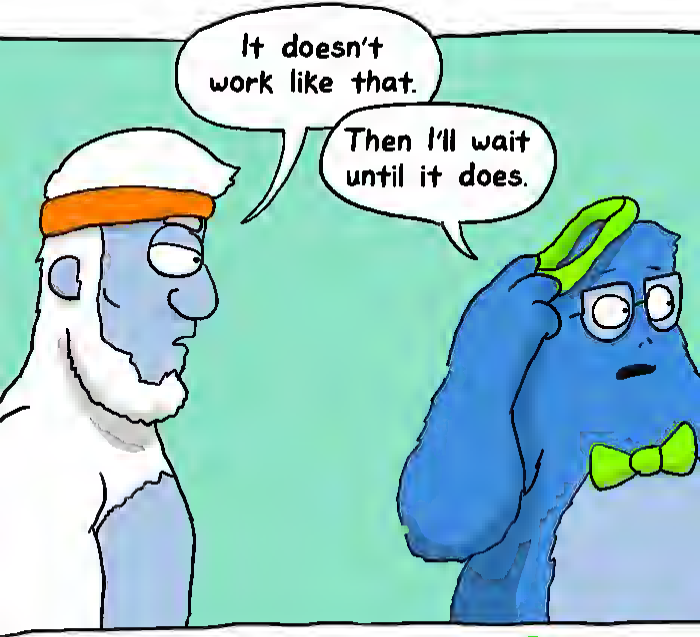
Lars

I want to look like a superhero, but without any physical effort or diet changes.

So ask yourself, "what do I want to accomplish?"

Lars, the most important part of a fitness routine is setting goals and sticking to a plan.





LINE Webtoon
WWW.WEBTOONS.COM